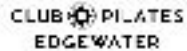


THANK YOU TO OUR SPONSORS!



PLACE  
STAMP  
HERE

## Fitness Challenge

### "Fittest on the Farm"

Is your book club, business, fitness group or family the "Fittest on the Farm"? Register your group in the Challenge and then begin encouraging your employees, friends, family and others to enter the Farmers 5000. The group with the most entries to its name wins fun gifts from Wheat Ridge businesses and of course, major bragging rights. So whether you use this as a team building opportunity, a way to create awareness for your products and services, or simply a means to give back to the community, you will want to get involved!

To sign up, contact  
Michelle@rightstartevents.com



Farmers 5000  
% Wheat Ridge High School  
9505 W. 32 Avenue  
Wheat Ridge, CO 80030



5000

est. 1981

5K Run and Walk  
and 1K Fun Run

SEPT. 16, 2018

9:00 A.M.

WHEAT RIDGE HIGH SCHOOL

9505 W. 32 AVE, WR

## REGISTER

Mail in: Postmarked by Friday, Sept 7.

Use the form at the right.

Walk-up: At Wheat Ridge High School

Thursday-Friday (Sept.13-14) 9 a.m. to 5 p.m.

Saturday (Sept. 15) 9 a.m. to noon

On-line: Closes at midnight on Friday Sept. 14

**Farmers5000.org**

Race Day: Sun., Sept. 16 7:30 a.m to 8:45 a.m.

**\*\*Race day registration add \$5.**

## PACKETS

All mail-in registrations and online registrations made before 2:00 p.m. on Sept 12 may be picked up at Wheat Ridge High School on the following dates:

Thursday - Friday (Sept 13-14) 9 a.m. to 5 p.m.

Saturday (Sept 15) 9 a.m. to noon

Race day (Sept 16) 7:30 a.m to 8:30 a.m.

## PRIZES

Top male and female overall winners will receive \$100 CASH. First and second runners-up will receive gift certificates from Runners Roost Lakewood. Overall winners excluded from awards below:

Top 3 Male/Female 5K runners in all categories will receive a gift certificate from Apple Ridge Cafe:

**Age Categories:** 8 & under; 9-12,13-15, 16-19, every 5 years thereafter, 80 and over.

All registered entrants are eligible for prize drawings at the race finish, courtesy of area businesses. (Must be present to win)

## COURSE AND PARKING

The certified course begins and ends at WRHS, winding through the neighborhood streets.

Participants should park in the lot on the north side of the school, off of 35th & Holland St. **NOTE: You will not be able to access the start line or parking lots from 32nd Ave. on race morning.**



A portion of your entry fee can go directly to the club, activity or team of your choice. **Please choose only one from the list below.**

- Angels
- Baseball - Boy's
- Basketball - Boy's
- Basketball - Girl's
- Cheerleading
- Cross Country
- Football
- Gifted & Talented
- Golf - Boy's
- Golf - Girl's
- Instrumental Music
- Key Club
- Lacrosse - Boy's
- Lacrosse - Girl's
- Newspaper
- National Art Honor Society
- National Honor Society
- Poms
- Robotics
- Soccer - Boy's
- Soccer - Girl's
- Softball
- Special Olympics Unified Sports
- STEAM
- STEM
- Swimming - Boy's
- Swimming - Girl's
- Tennis - Boy's
- Tennis - Girl's
- Thespian Troupe
- Track & Field
- TSA
- Vocal Music
- Volleyball
- Wrestling
- Yearbook

**Mail-in postmark deadline SEPTEMBER 7**

Mail checks payable to: Farmers 5000

9505 W. 32nd Ave

Wheat Ridge, CO 80033

To register for the Elementary School Challenge, talk to your school representative or visit

[www.farmers5000.org](http://www.farmers5000.org)

**One entry per form. Please print.**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Email Address \_\_\_\_\_

Phone \_\_\_\_\_

Graduation Year \_\_\_\_\_ Age on Race Day \_\_\_\_\_  
if WRHS Alumni

5K Run/Walk  Male

1K Fun Run  Female

**WAIVER:** In consideration of your accepting my entry into the Farmers 5000 5K race, I, intending to be bound for myself, my heirs, executor and administrators, do hereby release and discharge Farmers 5000, Right Start Events, Jefferson County School District, the City of Wheat Ridge, Colorado, WRHS PTSA, USATF, Running Bears Limited, and any and all race sponsors, officials, volunteers from any and all liability arising from illness, injuries, damages I may suffer as a result of any aspect of participating in the Farmers 5000 5K race whether pre-race, post-race or the race itself. I also understand and agree that a race sponsor may subsequently use for ANY LEGITIMATE purposes my name or pictures of me participating in the event without obligation or liability to me. I agree to abide by the race rules and agree to the above waiver. By accepting this waiver, all parties that I am registering agree to this waiver. I also understand the entry fees I pay are non-refundable.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent/legal guardian (if under 18) \_\_\_\_\_ Date \_\_\_\_\_

Long sleeved shirt size (Circle one)

Unisex S M L XL

\_\_\_\_\_ Adult \$35

\_\_\_\_\_ WRHS Alumni \$33

\_\_\_\_\_ 18 & Under, or \$25

\_\_\_\_\_ Jeffco Staff

\_\_\_\_\_ Fun Run (no shirt) \$10

\_\_\_\_\_ Donation

\_\_\_\_\_ Race Day + \$5

\_\_\_\_\_ TOTAL ENCLOSED

BIB #