

THANK YOU TO OUR SPONSORS!



Feed Your Soul
Fitness



PLACE
STAMP
HERE

Fitness Challenge

"Fittest on the Farm"

Is your book club, business, fitness group or family the "Fittest on the Farm"? Register your group in the Challenge and then begin encouraging your employees, friends, family and others to enter the Farmers 5000. The group with the most entries to its name wins fun gifts from Wheat Ridge businesses and of course, major bragging rights. So whether you use this as a team building opportunity, a way to create awareness for your products and services, or simply a means to give back to the community, you will want to get involved!

To sign up, contact
Michelle@rightstartevents.com



Farmers 5000
% Wheat Ridge High School
9505 W. 32 Avenue
Wheat Ridge, CO 80030



5000

est. 1981

5K Run and Walk
and 1K Fun Run

SEPT. 16, 2018

9:00 A.M.

WHEAT RIDGE HIGH SCHOOL

9505 W. 32 AVE, WR

REGISTER

Mail in: Postmarked by Friday, Sept 7.

Use the form at the right.

Walk-up: At Wheat Ridge High School

Thursday-Friday (Sept.13-14) 9 a.m. to 5 p.m.

Saturday (Sept. 15) 9 a.m. to noon

On-line: Closes at midnight on Friday Sept. 14

Farmers5000.org

Race Day: Sun., Sept. 16 7:30 a.m to 8:45 a.m.

****Race day registration add \$5.**

PACKETS

All mail-in registrations and online registrations made before 2:00 p.m. on Sept 12 may be picked up at Wheat Ridge High School on the following dates:

Thursday - Friday (Sept 13-14) 9 a.m. to 5 p.m.

Saturday (Sept 15) 9 a.m. to noon

Race day (Sept 16) 7:30 a.m to 8:30 a.m.

PRIZES

Top male and female overall winners will receive \$100 CASH. First and second runners-up will receive gift certificates from Runners Roost Lakewood. Overall winners excluded from awards below:

Top 3 Male/Female 5K runners in all categories will receive a gift certificate from Apple Ridge Cafe:

Age Categories: 8 & under; 9-12,13-15, 16-19, every 5 years thereafter, 80 and over.

All registered entrants are eligible for prize drawings at the race finish, courtesy of area businesses. (Must be present to win)

COURSE AND PARKING

The certified course begins and ends at WRHS, winding through the neighborhood streets.

Participants should park in the lot on the north side of the school, off of 35th & Holland St. **NOTE: You will not be able to access the start line or parking lots from 32nd Ave. on race morning.**



A portion of your entry fee can go directly to the club, activity or team of your choice. **Please choose only one from the list below.**

- Angels
- Baseball - Boy's
- Basketball - Boy's
- Basketball - Girl's
- Cheerleading
- Cross Country
- Football
- Gifted & Talented
- Golf - Boy's
- Golf - Girl's
- Instrumental Music
- Key Club
- Lacrosse - Boy's
- Lacrosse - Girl's
- Newspaper
- National Art Honor Society
- National Honor Society
- Poms
- Robotics
- Soccer - Boy's
- Soccer - Girl's
- Softball
- Special Olympics Unified Sports
- STEAM
- STEM
- Swimming - Boy's
- Swimming - Girl's
- Tennis - Boy's
- Tennis - Girl's
- Thespian Troupe
- Track & Field
- TSA
- Vocal Music
- Volleyball
- Wrestling
- Yearbook

Mail-in postmark deadline SEPTEMBER 7

Mail checks payable to: Farmers 5000

9505 W. 32nd Ave

Wheat Ridge, CO 80033

To register for the Elementary School Challenge, talk to your school representative or visit

www.farmers5000.org

One entry per form. Please print.

First Name Last Name

Address

Email Address

Phone

Graduation Year Age on Race Day
if WRHS Alumni

5K Run/Walk Male

1K Fun Run Female

WAIVER: In consideration of your accepting my entry into the Farmers 5000 5K race, I, intending to be bound for myself, my heirs, executor and administrators, do hereby release and discharge Farmers 5000, Right Start Events, Jefferson County School District, the City of Wheat Ridge, Colorado, WRHS PTSA, USATF, Running Bears Limited, and any and all race sponsors, officials, volunteers from any and all liability arising from illness, injuries, damages I may suffer as a result of any aspect of participating in the Farmers 5000 5K race whether pre-race, post-race or the race itself. I also understand and agree that a race sponsor may subsequently use for ANY LEGITIMATE purposes my name or pictures of me participating in the event without obligation or liability to me. I agree to abide by the race rules and agree to the above waiver. By accepting this waiver, all parties that I am registering agree to this waiver. I also understand the entry fees I pay are non-refundable.

Signature of Participant Date

Signature of Parent/legal guardian (if under 18) Date

Long sleeved shirt size (Circle one)

Unisex S M L XL

_____ Adult \$35

_____ WRHS Alumni \$33

_____ 18 & Under, or \$25

_____ Jeffco Staff

_____ Fun Run (no shirt) \$10

_____ Donation

_____ Race Day + \$5

_____ TOTAL ENCLOSED

BIB #